Did you Know? Derby is the smallest city in CT by area at 5.3 square miles.

CENTER INFO

Hours of Operation:
Monday -Friday: 8:30 am - 4:30 pm
Any changes will be posted.
Our Staff
Christine Sonsini | Executive Director
Phone: 203-736-1485
Fax: 203-736-1486
Email: csonsini@derbyct.gov

Dawn Hebert Assistant Director
Phone: 203-736-1484
Fax: 203-736-1486
Email: dhebert@derbyct.gov

In the case of inclement weather the center will follow the Derby school system for center closings. Any questions please call the center.

POINTS OF INTEREST

- The Elderly Commission meeting will be held on Monday, December 6th at 3:00pm
- The Executive Board will meet on Tuesday, December 14th at 10:00am
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, Dec. 14th, 12:30-2:30pm
- Counseling is available for those of you who have questions on Medicare. Please call the center at (203)736-1484 to schedule an appointment
- Membership—Reminder: If your last name begins with A-N your renewal is due in Jan. If sending in your membership please include a self addressed stamped envelope. Going forward if your membership is 6 months overdue you will no longer receive a newsletter until your membership is brought up to date. This will be enforced beginning Jan 2022.

Volunteers:
We are looking for Volunteers to call Bingo on Tuesdays from 1pm—3pm sign up in main office. And assist with other tasks, if interested please contact the office.

Facebook page—The Derby Senior Center’s Facebook page is up and running. Please stop by and like our page.

Email—If you have an email address, please kindly call the office so we can add it to our records. This will make communication easier in times like these.

CLOSED: The Center will be closed on Friday, December 24th in observance of Christmas Eve and Monday, December 27th in observance of Christmas. Also on Friday, December 31st we will be closing at 10:30am. Happy Holidays to you and yours!
WELCOME TO THE DERBY SENIOR CENTER

The Centers purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

NEW INFORMATION

* AARP is looking for tax preparer volunteers to assist in income tax prep. See center for more info.

* St Vincent DePaul—237 Roosevelt Dr., Derby is looking for volunteers to fill a variety of openings. Please stop by if you are interested.

* Toys 4 Kids drive—we will be collecting $10 gift cards to Amazon, Target or Walmart to donate to TEAM for the Toys 4 Kids drive all donations due to the center by Friday, Dec. 10th.

* Sock Drive for Veterans
  We will be collecting packages of new men’s white tube socks for the Veterans. Or if you choose you can donate $22 which will purchase 1 pair of boots for a homeless Veteran. All donations made to the center. We will be donating early Dec.

* The local Food Pantries are running very low. They are in need of: powered milk, pancake mix, peanut butter & jelly, canned fruit, applesauce, black, garbanzo, kidney & navy beans, chicken or tuna, oatmeal & other cereal, pasta and sauce or any other non perishable food items. There is a collection box by the elevator.

* The Knitting & Crocheting Group is asking for yarn donations. Any donations would be greatly appreciated.

* All donations can be dropped off at the center during business hours. I thank you all in advance for helping out our local causes.

APPLE REHAB

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LONG TERM CARE • PALLIATIVE & HOSPICE CARE • RESPITE

Please contact us for a Tour
Rita Carrier - Dir. Of Admissions • 203-922-3679 • rcarrier@apple-rehab.com

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& GIFTS
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Puzzled about Medicare?
Medicare options can be confusing.
Let me help you put the pieces together.
I specialize in helping people better understand their Medicare benefits. My approach is simple: We discuss your individual goals and needs, and then I help you understand your choices and select the plan that’s right for you. Contact me today to schedule your free consultation.

Tyler Machie-Marsh Insurance Agent
tyler.machie-marsh@bankerslife.com

Underwritten by Colonial Penn Life Insurance Company

Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.lpicommunities.com Derby Senior Center, Derby, CT 06-5354
**DECEMBER CENTER UPDATES**

Volunteer sign in book—on desk at entrance—please sign in if volunteering.

**AARP Safe Driving Course**
Online option: www.aarpdraiversafety.org We are scheduled to begin in-person classes in March. Watch newsletter for details.

**Volunteers** We are still in need of bingo callers. We ultimately would like to have 4 so that everyone who would like to play can, people only have to commit to calling 1 time a month and we have coverage for vacations, etc.

**HOURS**—Monday—Friday 8:30—4:30pm

**ANNOUNCEMENTS**—Please read From the Director’s desk below for new information.
-If you use Valley Transit for shopping on Fridays, please call the center as we are trying to compile a list of riders. Thank you for your help.

**Crafts/Events Group**—We are looking for members to join our Crafts/Events group. The group meets on Thursdays and assists with special events, menu planning, new program ideas, event decorating, crafts, etc. If interested or have questions please contact the center or stop into a meeting. All are welcome.

**Knitting & Crochet Group**—is in need of donations of yarn for their group. Please drop off donations at the center during business hours.

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**DECEMBER ANNOUNCEMENTS**

**From the Director’s desk:**
Hello Everyone!
I cannot believe that we are already closing in on the end of another year!! How quickly time flies by! I want to thank you all for everything you have done to make this very difficult year a success!!
Unfortunately, we are still in a pandemic so therefore we still have some rules to follow. The CDC is currently recommending that you wear masks indoors even if you have been fully vaccinated. If you are NOT vaccinated, you WILL have to wear a mask at all times while in the center. This is for the safety of all (both vaccinated and unvaccinated). If you have not already done so, please stop by the center and show us your vaccine card so we can add you to the list.

**VERY IMPORTANT INFORMATION:** If you park in the parking garage for programs you must have a parking sticker on your car or you will be ticketed. If you currently do not have a parking sticker please stop by the office with your car info and license plate number and we will give you one. We have many upcoming fundraisers coming up in the next few months to assist those who are less fortunate especially during the holiday season.

We will be collecting for Toys 4 Kids, Veterans and the food bank. See details further on in the newsletter and thank you in advance for anything you can do to support these causes.

We recently had a set of 8 crocheted coffee cup coasters for sale upstairs on the display case. It seems that they are missing. If anyone inadvertently took them if you could please return them or come and pay for them. Thank you.

We are here daily if you have any questions, concerns or just would like to chat for a few minutes. Please stay healthy and safe. And have a wonderful holiday!

Best regards,
Christine Sonsini

**PLEASE NOTE:** The Center will be CLOSED on Friday, December 24th & Monday, December 27th in observance of Christmas. We will be closing at 10:30 on Friday, December 31st and be closed on Monday, January 3rd, 2022 in observance of the New Year.

**In Memory Of:** Please keep all those who have passed in your thoughts and prayers.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>6) 10:00 Chair Yoga</td>
<td>7) 11:00 Tai Chi</td>
<td>1) 9:30 Gentle Yoga</td>
<td>2) 9:30 Mahjongg</td>
<td>3) 10:00 Grocery Shopping w/ VTD</td>
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<tr>
<td>11:45- Strength Training Class with Bobbi</td>
<td>1:00-3:00 Bingo</td>
<td>11:00 Painting</td>
<td>9:30/12:30 Pinoche</td>
<td>11:00 Quilting Class</td>
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<tr>
<td>3:00—ELDERLY COMMISSION</td>
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<td>11:45 Strength Training with Bobbi</td>
<td>10:00 What Does the Library have to offer you?</td>
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<td>2) 9:30 Gentle Yoga</td>
<td>10:00 Knitting &amp; Crocheting</td>
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<td>11:00 Painting</td>
<td>1:00—Crafts/Events group</td>
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<td>11:45 Strength Training with Bobbi</td>
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<td>3) 10:00 Grocery Shopping w/ VTD</td>
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<td>13) 10:00-12:00 Haircuts</td>
<td>14) 10:00 - EXECUTIVE BRD. MTG.</td>
<td>8) 9:30 Gentle Yoga</td>
<td>9) 9:30 Mahjongg</td>
<td>10) 10:00 Grocery Shopping w/ VTD</td>
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<td>11:45- Strength Training Class with Bobbi</td>
<td>12:30 Parish Nurse BP Screening</td>
<td>11:45—Strength Training with Bobbi</td>
<td>10:00 Knitting &amp; Crocheting</td>
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<td></td>
<td>1:00-3:00 Bingo</td>
<td>1:00—Crafts/Events group</td>
<td>1:00—Cupcake decorating class</td>
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<td>17) 10:00 Grocery Shopping with VTD</td>
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<tr>
<td>20) 10:00 Chair Yoga</td>
<td>21) 11:00—Tai Chi</td>
<td>22) 9:30— Gentle Yoga</td>
<td>23) 9:30 Mahjongg</td>
<td>10:00 Grocery Shopping with VTD</td>
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<td>23) 10:00 Grocery Shopping with VTD</td>
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<tr>
<td>27) CENTER CLOSED IN OBSERVANCE OF CHRISTMAS! MERRY CHRISTMAS TO ALL!</td>
<td>28) 11:00—Tai Chi</td>
<td>29) 9:30—Gentle Yoga</td>
<td>30) RED CROSS BLOOD DRIVE 9-2pm</td>
<td>31) 10:00 Grocery Shopping w/ VTD</td>
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<tr>
<td></td>
<td>1:00-3:00—Birthday Bingo</td>
<td>11:00 Painting</td>
<td>9:30 Mahjongg</td>
<td>CENTER WILL CLOSE AT 10:30am IN OBSERVANCE</td>
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<td></td>
<td></td>
<td>11:45— Strength Training with Bobbi</td>
<td>9:30/12:30 Pinoche</td>
<td>OF NEW YEARS—Happy New Year to ALL!!</td>
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<td>3) 10:00 Grocery Shopping w/ VTD</td>
<td>10:00 Knitting &amp; Crocheting</td>
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</table>
CURRENT TRIP SCHEDULES—CALL DAWN FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District (VTD). For more information or to schedule a pick up call 735-6408. Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up.

Atlantic City—2 nights
Price $299/dbl, $379/single bus only $175
Dec. 1-3, 2021

Foxwoods—"Manheim Steamroller Christmas show"
Price $129/PP / $49 Casino only
Dec. 5, 2021

UCONN Women & Men Games
Price $129/PP
Dec. 11, 2021

"Wicked" on Broadway
Price $229
Dec. 11, 2021

Bronx Zoo Forest of Lights
Price $229
Dec. 18, 2021

Super Bowl Sunday & Valentine’s Day with your Sweetheart—Atlantic City
Price $429/dbl, $6295/gl and bus only option
Feb, 13-15, 2022

Love, Sex & the IRS at the Thomaston Opera House
Price $107
Feb. 20, 2022

St. Patrick’s Festival, Silver Birches Resort, PA
Price $125
March 17, 2022

Luncheon Show at Chowder Pot featuring Rich Wilson
Price $95
April 26, 2022

Lunch at Stororstown Tavern & Matinee Show at Majestic Theater (9 to 5 The Musical)
Price $109
May 5, 2022

Lunch at the Aqua Turf with a performance by Dancing Dream—ABBA Tribute Band
Price $106
May 18, 2022

**some trips may depart from Stratford if not enough people for p/u in Derby**

Colorado Rockies (9 days)
Price $2999/dbl $3699 single
May 20-28, 2022

Alaska Discovery Land & Cruise (12 days)
Price $5499 pp/dbl $8399 single
June 28-July 9, 2022

Danube River Cruise (11 days) $99 R/T air fare
Price $4498 pp/dbl $6648 single
Sept. 25–Oct. 5, 2022

Irish Splendor (8 days)
Price $2899pp/dbl $3249 single
Oct 5-12, 2022

ALL TRIPS SUBJECT TO CANCELLATION - If minimums are not met

Please see center for flyers or call for further information
DECEMBER ANNOUNCEMENTS

Some of our collections will be coming to an end soon:

- Veterans Sock drive – last day for donations, Friday December 3rd
- Toys 4 Kids – last day for donations Monday, December 6th
- Food Pantry donations will be dropped off by December 17th except the remainder of what gets donated from the Reverse Advent Calendar donations. Those will be dropped off on December 22nd.

THANK YOU TO ALL WHO HAVE DONATED TO ALL OF THESE WONDERFUL CAUSES!

UGLY SWEATER & WHITE ELEPHANT CHRISTMAS PARTY

PLEASE JOIN US ON THURSDAY, DEC 16TH AT 12 NOON, MEAL PROVIDED BY DAVID GRANT CATERING

ROAST PORK TENDERLOIN, MASHED POTATOES, MIXED VEGGIES, DINNER ROLL AND DESSERT

$10

WE WILL BE HAVING A WHITE ELEPHANT: PLEASE BRING IN A WRAPPED $5 GIFT AND YOU WILL RECEIVE A NUMBER TO PICK YOUR PRIZE

THERE WILL ALSO BE PRIZES FOR TOP 3 UGLY SWEATERS AND RAFFLES

WHAT DOES THE LIBRARY HAVE TO OFFER TO SENIORS – PRESENTATION BY DERBY NECK LIBRARY.

THURSDAY, DECEMBER 2ND, 10AM

COME SEE WHAT OTHER SERVICES THE LIBRARY HAS TO OFFER BESIDES JUST BOOKS. Call center to sign up.

CUPCAKE DECORATING CLASS

December 9th at 1pm cost $8. Flyer and sign up at the center
PLEASbCOME JOIN US FOR AN UGLY SWEATER AND WHITE ELEPHANT CHRISTMAS PARTY

WHEN: THURSDAY, DECEMBER 16TH
TIME: 12:00 NOON
WHERE: MAIN DINING ROOM
COST: $10.00

RSVP WITH PAYMENT BY: FRIDAY, DECEMBER 10TH
AT 3PM

LIMITED SEATING PLEASE BOOK EARLY
IF YOU WOULD LIKE TO PARTICIPATE IN THE WHITE ELEPHANT, PLEASE BRING A WRAPPED $5.00 ITEM AND YOU WILL RECEIVE A TICKET

UGLY SWEATER CONTEST
RAFFLES AND 50/50

PLEASE COME AND ENJOY

AND

HAVE A WONDERFUL HOLIDAY!!
REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX.
ON CHRISTMAS EVE DONATE THE CONTENTS TO A FOOD BANK.

December 1 - box of cereal
December 2 - peanut butter
December 3 - stuffing mix
December 4 - boxed potatoes
December 5 - macaroni and cheese
December 6 - canned fruit
December 7 - canned tomatoes
December 8 - canned tuna
December 9 - dessert mix
December 10 - jar of applesauce
December 11 - canned sweet potatoes
December 12 - cranberry sauce
December 13 - canned beans
December 14 - box of crackers
December 15 - package of rice
December 16 - package of oatmeal
December 17 - package pasta
December 18 - spaghetti sauce
December 19 - chicken noodle soup
December 20 - tomato soup
December 21 - can corn
December 22 - can mixed vegetables
December 23 - can carrots
December 24 - can green beans

PASSIONATEPENNYPINCHER.COM
## Derby Senior Center

### ALL TRIPS ARE OPEN TO THE PUBLIC

#### Day/Overnight Trips 2021

<table>
<thead>
<tr>
<th>Date</th>
<th>Destination</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 27</td>
<td>Christmas Spectacular Radio City Music Hall</td>
<td>$171</td>
</tr>
<tr>
<td>December 1-3</td>
<td>Atlantic City 2 NIGHTS</td>
<td>$299 double/$379 single</td>
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<tr>
<td>December 5</td>
<td>Foxwoods Resort &amp; Casino “Manheim Steamroller Christmas”</td>
<td>$129 ($49 casino only)</td>
</tr>
<tr>
<td>December 11</td>
<td>UCONN Women &amp; Men</td>
<td>$129</td>
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<tr>
<td>December 11</td>
<td>“Wicked” on Broadway</td>
<td>$229</td>
</tr>
<tr>
<td>December 18</td>
<td>Bronx Zoo Forest of Lights</td>
<td>$129 adult $99 children</td>
</tr>
<tr>
<td>December 31</td>
<td>New Year’s Eve Dinner Cruise-Boston MA</td>
<td>$349</td>
</tr>
</tbody>
</table>

#### Long Trips 2021-2022

<table>
<thead>
<tr>
<th>Date</th>
<th>Destination</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 20, 2022</td>
<td>Colorado Rockies (9 days)</td>
<td>$2999 double $3699 single</td>
</tr>
<tr>
<td>June 28, 2022</td>
<td>Alaska Discovery Land &amp; Cruise (12 days)</td>
<td>$5499 double $8399 single</td>
</tr>
<tr>
<td>October 5, 2022</td>
<td>Irish Splendor (8 days)</td>
<td>$2899 double $3249 single</td>
</tr>
</tbody>
</table>

Please call Derby Senior Center for further information and sign ups

203-736-1484