VISIT US AT 293 MAIN STREET DERBY, CT 06418 PHONE US AT (203) 736-1484 EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

OCTOBER 2018

Wow! I can't believe that summer is over and autumn has arrived. I hope everyone enjoyed the warmer weather with exception of the high humidity.

This month is time to get your flu shot which is scheduled at the Center for Tuesday, October 16th at 11:00AM. Just bring your insurance card with you.

On October 4th Cindy Gottfried will be here from Care Free Home Pros to discuss the following:

"SAFETY FIRST"

Have you ever paused before getting into your tub or shower? Yes, we have all wished that someone else would clean it but what about safety? Do you have the use of grab bars? Do you wish you had a stand up shower instead of climbing over the bathtub? Or perhaps it would be helpful to have someone inspect your bathroom because of a crack or unhealthy mold. At Carefree Home Pros we send in one of your own specialists. We answer all of your questions, address safety issues and show you ways to update your bathroom for the future. There is no charge for this visit. Unfortunately we will have to limit this event to 15 people. She will be bringing in sub sandwiches and dessert. Please sign up early to reserve a spot.

Would everyone please check their membership cards to see if everything is up to date. Please give the office a call if you need to make changes.

Reminder: Please be advised that we must have at least 15 people to use the Valley Transit Bus to attend any restaurants during the month. If we schedule the Bus and we end up with only 10 that morning we will loose the privilege of the bus for free. I'm sorry to say that if anyone cancels there will be a cancellation fee in the amount of \$9.00.

Also, don't forget our annual tag, bake and food sale on Saturday, October 20th from 8:30AM-2:30PM. It is a nice-day of fun and socialization.

Respectfully,

Susan Churchill, Executive Director.

SPECIAL POINTS OF INTEREST:

- The Elderly Commission meeting is on Monday, October 1, 2018 at 3:00PM
- The Executive Board will meet on Tuesday October 9, 2018 at 10:00AM
- The Activities Committee will be meeting on Tuesday, October 9, 2018 at 11:00 AM. All are welcome.
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, October 2, 2018 from 11:00 AM-2:00 PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- Our Annual Tag,
 Bake and Food Sale
 is scheduled for Sat urday, October 20th
 from 8:30AM to
 2:30PM . Please
 bring in your treas ures. Those interest ed in helping please
 sign up in the office.

MONTHLY REMINDERS

- ♦ HAIRCUTS will be on Tuesday, October 9, 2018 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- BIRTHDAY BINGO will be held on Tuesday, October 23, 2018, at 1:00 PM.

 Thank you to Gardener Heights for hosting this wonderful event with prizes and treats.
- Visit us online at www.facebook.com/derbyseniorcenter.
- Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00AM to 12:00 Noon.
- We will be having a trip going to Portugal in 2019 sponsored by Collette Tours.
- Other trips: Canadian Rockies, and Albuquerque Balloon Fiesta.



FOR YOUR INFORMATION

In Loving Memory
Genny Gorelczenko

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*Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Please pay and pick up tickets in advance of function.

Please no registrations before October 1,for <u>in house</u> functions. Check dates for registration for trips.

Current Trip Schedule 2018

German fest @ Williams Inn	Reg 8/28	October 25, 2018
Two Nights in Atlantic City	Reg 7/17	November 7-9,2018
A Salute to Veterans	Reg 6/12	November 8, 2018
Westchester Theatre Phantom	Reg 9/25	November 8, 2018
Twin River Casino/Neil Diamond	Reg 9/11	November 14, 2018
Radio City Christmas Show	Reg 7/17	November 16, 2018
Christmas in CT Festival of Trees, Lunch & Mark Twain	Reg 9/18	November 30, 2018
Showtime @ Log Cabin !" Blue Christmas with Elvis	Reg 10/25	December 6, 2018
Holiday Winter Celebration at Aqua Turf	Reg 10/9	December 11, 2018
Westchester Theatre "The Edwards Twins	Reg 10/16	December 18, 2018
The 38th Annual Flower & Garden Show	Reg 12/11	February 21, 2019
Westchester Theatre—Rhythm of the Dance	Reg 12/18	March 12, 2019
St. Patrick's Celebration at Aqua Turf	Reg 3/19	March 19, 2019
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Pizza Luncheon

Thursday, October 11, 2018

Time 12:00 Noon, Price Free

Sponsored by A Place for Mom

Sign up Sheet in the Office

Limited to 35 People, 1st come 1st serve





Halloween Breakfast

Thursday, October 18, 2018

Time 9:00AM, Price \$4.00

Juice, Pumpkin Bagels,

Cheese Omelet, Bacon, Potatoes

Pastry and More

Unlimited Coffee & Tea and Raffle Prizes





Halloween Luncheon
Thursday, October 25, 2018
Time 12:00 noon, Price \$ 7.00
Entertainment By Paula Pettinella



Costumes Are Optional but Appreciated
3 Prizes will be given out for Scariest, Funniest and Most Original
Salad, Italian Bread
Homemade Meatloaf with Gravy
Sweet Potato Fries, Green Beans

A Spooky Dessert

Registrations for October 2018

It's Showtime At The Log Cabin! Presenting "Blue Christmas" with Elvis Thursday, December 6, 2018 Reg Date 10/23/2018 Price \$101.00 PP

Today we will be en route to The Log Cabin in Holyoke, Ma. which provides fabulous entertainment programs. You will be greeted with an Hors d'oeuvre Welcome Tray and complimentary glass of wine or beer. Your menu includes your choice of Brisket with Mushroom Gravy or Crispy Country Fried Chicken with all the fixings, followed by a great dessert.

After lunch, sit back, relax and enjoy the show. This Christmas celebration tribute to Elvis, starring Ray Guilloumet as "Ray of Elvis." will be a musical act to remember.

Our last stop will be at Forest Park in Springfield, Ma. Where the Bright Nights festival held. This is New England's largest lighting display, featuring more than 2.5 miles of mag nificent displays with over a quarter of a million lights. You will drive by places such as Seuss Land, North Pole Village, Victorian Village, Toy Land, Giant Poinsettia Candles and much more.

Holiday Winter Celebration at the Aqua Turf
Featuring The Times Square Band
Tuesday, December 11, 2018 Reg Date 10/9/2018
Price \$79.00 PP

This morning we will depart to the Aqua Turf Club where we will enjoy a real Holiday Celebration! Lunch is served family-style and will include Roast Turkey and Roast Beef with all the fixings, topped off with a delicious dessert. You will also receive a complimentary glass of wine or beer.

Come and spend the day with us an enjoy a meal in an elegant atmosphere, then dance (or tap your feet) to a great band that plays songs with both you and the holidays in minc

Westchester Broadway Theatre Presents
"The Edwards Twins Holiday Show"

Tuesday, December 18, 2018 Reg Date 10/16/2018, Price \$103.00 PP

Come and enjoy a day of good food and entertainment. You will receive a choice of entrée upon arrival. After lunch, sit back and watch the show. Remember all the Christma variety shows we grew up with. Now is your chance to see the Edward Twins live and recreated by Las Vegas number one impersonators of all time. Superstars come alive in Christmas With the Stars! Stars like Sonny & Cher, Neil Diamond, Johnny Mathis, Rod Stewart, Bette Midler, Barbara Streisand and many more. Don't miss this wonderful mu sical holiday show!!

OCTOBER BIRTHDAYS

Maryann Diane	Ahearn
Diane	. L
	Alterio
Paul	Anderson
Peter	Aquila
Rosemary	Baclawski
Nicolina	Barker
Johannah	Barsevich
Brenda	Bazyluk
Linda	Beauchamp
Anzio	Beltramello
Mario	Bonetti
William	Bowers
Andrew	Breda
Mae	Brown
Dolores	Bukowski
Susan	Cahill
Vincent	Cataudella
Rose	Catena
Elaine	Ceccarelli
Paul	Chaplick
Evelyn	Commune
Mary	Condon
Joan	Coppolo
Armida	Criscuolo
Dorothy	Cwanek
Karen	Dains
Elizabeth	DeGennaro
Jean	DeLisio
Robert	Demelis
Theresa	DeVaney
Evelyn	Dorosh
Joseph	Drennan
Geraldine	Eckhardt
Genevieve	Elliott
Arleen	Flach
Rosina	Flynn
Rosemary	Franco
Shirley	Fredericks
Marie	Gabianelli
Anne	Gabriel
Shirley	Gaetano
Savino	Gennaro

Anita Glover Thomas Greene Mary Grzyb Patricia Haydu Marion Hinds Herb Johnson		
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Frank Saldamarco	Rose	Rzasa
	Helen	Sadowski
Suzanne Scianna	Frank	Saldamarco
	Suzanne	Scianna

FIRST_NAME	LAST_ NAME
Victor	Smith
Maxine	Stanley
Sylvia	Stevens
William	Stevens
Grace	Sullivan
Mary	Talcik
Helen	Tourangeau
Dorothy	Tynan
Darlene	Verab
Marilyn	Volikas
Charles	Vollaro
George	Ward
Barbara	Williston
Janis	Yakimovich
Rosemary	Yanosik
Helen	Zuba



October 2018

Monday	Tuesday	Wednesday	Thursday	Enidox
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1) 10:00 New Chair Yo-ga Class 1:15-12:00 Strength Training 12:15-1:45 New Sign Language 3:00 Elderly Commission Meeting	2) 10:00-2:00 Parish Nurse Blood Pressure Screening 11:45 Senior Café 1:00 Bingo Shelton Lakes will be bringing the Snacks	3)9:30 Painting 9:30-11:00 Yoga 9:30 Computer Class will start on the 24th 11:30 Strength Training 12:30 Zumba Gold	4) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:15 Home Care Pros 11:45 Senior Café 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	5) 10:00 Tai Chi 10:00 Shopping 12:30 Zumba Gold 1:00 Quilting Class
8) CLOSED FOR COLUMBUS DAY	9) Reg for Holiday Winter Celebration at Aqua Turf 10:00 Executive Brd Meeting 10:00—12:00 Haircuts 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo 2:50-4:00 HRC Group will be joining us with goodies and conversation	10) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer/ Photography Class will start on the 24th 11:30 Strength Training 12:30 Zumba Gold	11) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Pizza Luncheon with a Place for Mom 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	12) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class
15)10:00 New Chair Yoga Class 11:15-12:00 Strength Training Class 12:15-1:45 New Sign Language Class	16) Reg for Westchester Theatre "The Edward Twins" 11:45 Senior Café 1:00 Bingo Shady Knoll will be providing goodies and prizes. Come and have some fun.	17) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer/ Photography Class will start on the 24th 11:30 Strength Training 12:30 Zumba Gold	18) Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appointments	19) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class Cancelled 12:30 Zumba Gold 1:00 Quilting Class Don't Forget Our Tag Sale of Saturday the 20th from 8:30 2:30PM
22) 10:00 New Chair Yoga 11:15-12:00 Strength Training 12:15-1:45 New Sign Language Class	23) Reg for Log Cabin 11:45 Senior Café 1:00 Birthday Bingo, Treats & Prizes from Gardner Heights 2 21 40 50 HAPPY BIRTHDAY 5 16 45 55 72	24) 9:30 Painting 9:30-11:00 Yoga 9:30 Computer/ Photography Class 11:30 Strength Training 12:30 Zumba	25) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Halloween Luncheon 12:30 Pinochle 1:00-3:00 Craft Class Reiki session by appoint- ments	26) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba Gold 11:1:00 Quilting Class
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OCTOBER 2018 - SENIOR COMMUNITY CAFÉ



MONDAY	THECDAY	WEDNECDAY	THURSDAY	FRIDAY
MONDAY	TUESDAY	WEDNESDAY	4 SPECIAL LUNCH:	5 Mixed Fruit Juice
1 Pork Ragout	2 Teriyaki Chicken	3 Cheeseburger	Chicken Parm a la	Cheese Stuffed Shells
Bowtie Pasta	Fried Rice	Baked Beans		
Carrots	Green Beans	Fiesta Corn	Santa Maria	w/ Marinara Sauce
Biscuit	Wheat Bread	Ketchup	New World Shells	Italian Blend
Margarine	Margarine	Wheat Burger Roll	Columbus Vegetable	Vegetables
Fresh Fruit	Pineapple	Fresh Fruit	Blends	Parmesan Cheese
		•	Parmesan Cheese	Garlic Bread
			Italian Bread	Coffee Cake
			Italian Ice	
8	9 Stuffed Salmon w/	10 Orange Juice	11 Turkey w/ LS	12 Squash & Apple
Office Closed	Rosemary Cream	Beef Stew	Gravy	Soup w/ Crackers
	Sauce	Mashed Squash	Stuffing	Spinach Quiche
一年第	Wild Rice Pilaf	Cauliflower	Fresh Zucchini	Broiled Tomato
Toolers of	Green Beans	Wheat Dinner Roll	Corn Bread	Roasted Potato
No so	Wheat Dinner Roll	Marble Cake	Peaches	Herb Breadstick
<u> </u>	Margarine	Margarine	Margarine	Fresh Fruit
Columbus Day	Fresh Fruit	· · · · · · · · · · · · · · · · · · ·		Margarine
15 Grape Juice	16 Roast Pork w/	17 Sausage & Pepper	18 Spaghetti	19 Cream of Carrot
Bruschetta Chicken	Gravy	Pasta Salad	Meatballs in Sauce	Soup w/ Crackers
Bowtie Pasta	Mashed Potato	Green Beans	California Blend	Tuna Salad
Spinach	Peas & Onions	Club Roll	Parmesan Cheese	Tossed Salad w/
Garlic Breadstick	Rye Bread	Tropical Fruit	Garlic Bread	Chick Peas & French
Pound Cake w/	Applesauce	Margarine	Fresh Fruit	Dressing
Berries	Margarine	1 10.90	Margarine	Beet Salad
Margarine	Margarine	ĺ	Trian garmie	Hard Roll
Margarine				Pears
				Margarine
22 Beef & Broccoli	23 Italian Wedding	24 Pulled Pork	25 Orange Juice	26 Grandioli w/
Brown Rice w/	Soup w/ Crackers	Sweet Potato Fries	Chicken Pot Pie w/	Sauce & Cheese
Pineapple	Meat Loaf w/ Gravy	Broccoli Slaw	Biscuit	Broccoli
Oriental Blend	Smashed Potato	Corn Bread	Baked Acorn Squash	Caesar Salad w/
Rye Bread	Mixed Vegetables	Applesauce	Fruit Pie	Caesar Dressing
Mandarin Oranges	Wheat Bread	Margarine	Margarine	Italian Bread
	Fresh Fruit	Margarine	Margarine	Fresh Fruit
Margarine	Margarine			Margarine
20 Het Or an Toules		31 SPECIAL LUNCH:		1.3.34.11.0
29 Hot Open Turkey	30 Pineapple Juice Potato Crusted Fish	Witches Brew		ארוו
Sandwich on Wheat		Spooky Spaghetti	I COMMAL	PY
Steak Fries	w/ Tartar Sauce &	Monster Meatballs		Llowern of
Cranberry Sauce	Lemon	Goulish Green Beans	1	
Bean Blend	Macaroni & Cheese			
Ketchup	Zucchini & Tomato	Batty Breadsticks		
Apricots	Marble Bread	Candy Corn Brownies	\ \frac{1}{2}	
	Brownie			?● ₹
	Margarine			

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: Oct. 1, 16, & 24

 \sim Reservations must be made the day before by 10:00 am \sim

TEAMI, INC. 30 ELIZABETH STREET; DERBY, CT 06418: -736:5420

MENUS; SUBJECT TO CHANGE DUE TO AVAILABILITY - All meals include milk.

Free Printable Word Search Puzzles

Halloween

Find and circle all of the words that are hidden in the grid. The remaining letters spell an activity played on Halloween.

S	٧	А	М	Р	1	R	Ε	Ζ	O	M	В	İ	Е	В
L	Ν	R	E	Т	Ν	Α	L	0	Κ	С	Α	J	Υ	0
U	В	С	В	Ν	G	R	Α	٧	Е	Υ	А	R	D	E
0	G	А	K	С	0	F	F	1	Ν	D	Α	W	Ν	М
Н	О	Ν	С	Τ		Т	Ν	Κ	R	С	F	Ε	А	U
Ğ	В	D	١	Ν	0	-	Ε	A	S	U	G	R	С	Т
W	L	L	Τ	Ν	Κ	М	С	L	L	А	W	Е	Y	S
1	1	E	S	Ρ	E	U	В	L	E	0	Μ	W	R	0
Т	Ν	Μ	М	K	L	Т	М	S	R	K	В	0	Е	С
С	S	U	О	A	U	0	Н	С	Τ	Α	S	L	T	S
Н	Р	М	0	F	0	L	Ε	G	Т	0	0	F	Ε	E
Е	R	М	R	Ν	Α	R	L	S	ı	Н	Ν	Ρ	M	L
S	Ρ	Υ	В	М	Α	Ε	R,	С	S	R	G	Ε	Ε	Р
L	E	Т	А	С	Κ	С	Α	L	В	S	F	-1	С	Р
G	Н	0	S	Т	S	S	R	Ε	D	-	Р	S	Ν	Α
APPLES COSTUME BATS DRACULA BLACK CAT FRIGHTENING BROOMSTICK FULL MOON CANDLE GHOSTS CANDY GHOULS CEMETERY GOBLINS COFFIN GRAVEYARD		M M N PI S	JACK O LANTERN MASK MUMMY NIGHT PUMPKIN SCARECROW SCARY SCREAM				SKELETON SKULL SPIDERS TOMBSTONE VAMPIRE WEREWOLF WITCHES ZOMBIE							

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